



Whingate Primary School

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Co-Headteachers **Claire Beswick & Karen Loney**



Summer Term 2024

Dear Parent/Carer

As part of their Relationships, Health and Sex Education curriculum (RHSE), Year 6 will take part in a series of sex education lessons.

The purpose of RHSE at Whingate is:

- To prepare pupils for the physical and emotional changes of growing up.
- To give the knowledge and skills to make informed and healthy choices.
- To build confidence and skills to deal with situations they may encounter.
- To help pupils to stay safe and know where and how to ask for help if needed.

Topics which will be covered include:

- The similarities and differences between boys and girls and the appropriate medical terminology for the sexual parts of the body.
- Human reproduction in the context of the human lifecycle, how a baby is made and grows (conception and pregnancy).
- That contraception can be used to stop a baby from being conceived.
- Some myths and misconceptions about HIV, who it affects, how it can and cannot be transmitted and how the risk of HIV can be reduced.

Pupils will also have lessons which teach about female genital mutilation (FGM). This will be taught in an age-appropriate way and will cover keeping safe, trusted adults, knowing where to go to for help, rules, laws and children's rights, and feeling confident to ask questions and discuss in a mature and appropriate way.

This will be an important addition to the Year 6 SRE programme. If you have concerns or would like to discuss the matter further, please make an appointment to meet with your child's class teacher or myself.

Yours sincerely

Miss S Hood
RHSE Lead