

PE Long Term Plan  
2023-2024

<b>KS1</b>		<b>Unit 1</b>	<b>Unit 2</b>	<b>Unit 3</b>	<b>Unit 4</b>	<b>Unit 5</b>
<b>Year 1</b>	Indoor	MS Fundamental Skills	Gymnastics	Net and Wall Tennis	Dance KS1	Invasion Games <i>Dodgeball KS1</i>
	Outdoor	Invasion Games <i>Hockey Unihoc</i>	Striking and Fielding <i>Rounders KS1</i>	Athletics	OAA KS1	Invasion Games <i>Football</i>
<b>Year 2</b>	Indoor	Dance	MS Fundamental Skills	Net and Wall Tennis	Fitness <i>Skipping</i>	Gymnastics
	Outdoor	Invasion Games <i>Hockey Unihoc</i>	Invasion Games <i>Netball KS1</i>	Athletics	Invasion Games <i>Tag Rugby KS1</i>	Striking and Fielding <i>Cricket KS1</i>

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<b>KS2</b>		<b>Unit 1</b>	<b>Unit 2</b>	<b>Unit 3</b>	<b>Unit 4</b>	<b>Unit 5</b>
<b>Year 3</b>	Indoor	Mindful <i>Yoga</i>	Dance	Gymnastics	Invasion Games <i>Dodgeball</i>	Net and Wall <i>Tennis</i>
	Outdoor	Invasion Games <i>Football</i>	Fitness <i>Skipping</i>	Invasion Games <i>Netball</i>	Athletics	Striking and Fielding <i>Cricket</i>
<b>Year 4</b>	Indoor	Swimming	Swimming	Swimming	Swimming	Swimming
	Outdoor	Invasion Games <i>Tag Rugby</i>	Fitness <i>Fitness and Circuits</i>	Invasion Games <i>Basketball</i>	Net and Wall <i>Tennis</i>	Striking and Fielding <i>Rounders</i>
<b>Year 5</b>	Indoor	Net and Wall <i>Tennis</i>	Gymnastics	Dance	Fitness <i>Leadership and playtime games/ sports leaders</i>	Net and Wall <i>Badminton</i>
	Outdoor	Invasion Games <i>Hockey</i>	Invasion Games <i>Netball</i>	OAA	Athletics	Striking and Fielding <i>Rounders</i>
<b>Year 6</b>	Indoor	Fitness <i>Fitness and Cardio</i>	Gymnastics	Net and Wall <i>Badminton</i>	Dance	Net and Wall <i>Tennis</i>
	Outdoor	Invasion Games <i>Basketball</i>	Invasion Games <i>Tag Rugby</i>	Striking and Fielding <i>Cricket</i>	Athletics	Invasion Games <i>Handball</i>