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| **EYFS PSED** | | **WHINGATE’S CURRICULUM AIMS**  Communicate  Live Healthily  Accept and Respect  Understand the Wider World  Dream Big  Explore | |
| **VOCABULARY** | | | |
| **Happy, sad, feelings, goal, listening, tight, wrong, rules, help, friends, problems** | | | |
| Area of subject | Nursery | | Reception |
| Self-Regulation | -Begin to understand how others might be feeling  -Talk about feelings such as happy/sad  -Select and use activities and resources to help with simple goals | | -Understand feelings and begin to regulate  -See themselves as a valuable individual  -Simple goal setting  -Begin to focus attention, follow instructions and respond appropriately  -Show resilience in the face of challenge |
| Managing Self | -Develop appropriate ways of being assertive  -Increasingly follow rules without adult reminders  -Explain why rules are important  -Show more confidence in social situations  -Become more outgoing with unfamiliar people | | -Try new activities  -Explain rules, knowing right from wrong  -Manage basic personal hygiene and recognise healthy food choices |
| Building Relationships | -Talk with others to resolve conflicts  -Help to find solutions to conflicts and rivalries | | -Work and play cooperatively  -Form positive attachments  -Show sensitivity to the needs of others |